

Achieving Optimal Patient and Hospital Outcomes: Why Care Settings Matter

All post-acute settings are not created equal, notes the American Hospital Association (AHA).¹

The growing rate of skilled nursing facility (SNF) closures has only reinforced this gap in care quality, leaving patients and hospitals nationwide straining to meet unique needs.

One setting that has weathered the storm of shifting regulatory changes, population health transitions, a

SNF VS. IRF

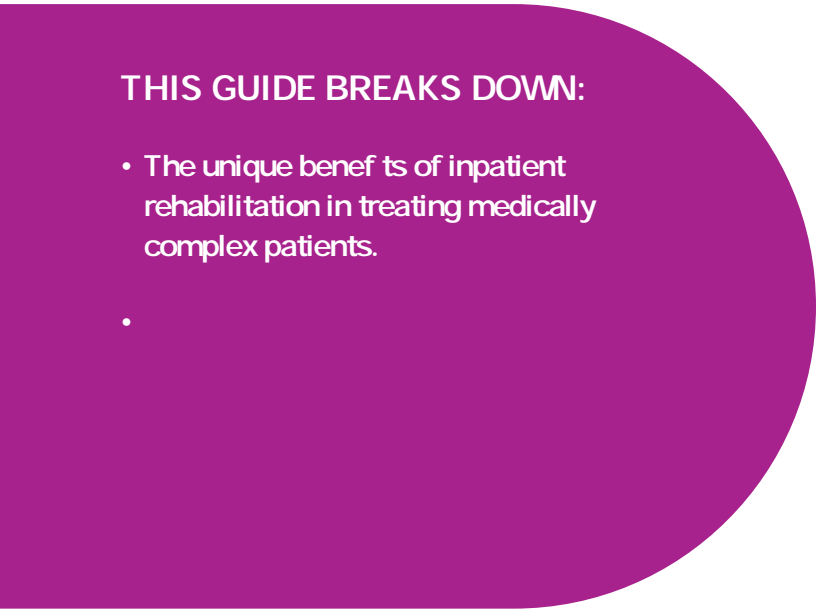
Unique Benefits of Inpatient Rehabilitation

No other care setting offers inpatient rehabilitation's specialized programming for hospital-level patients requiring intensive physical, occupational, and/or speech therapy care.² This distinction sets inpatient rehabilitation facilities (IRFs) apart from SNFs across key outcome measures.

2023 Performance Outcomes:

- ▶ Inpatient rehabilitation operations maintain a higher discharge to the community rate of 70%, which is 37% higher than SNFs on average.
- ▶ SNF average length of stay (ALOS) was 2X higher than IRF ALOS.
- ▶ SNF 90-day readmission percentage was 2%, or 500,000 patients, higher than IRF.
- ▶ SNF 30- and 90-day mortality were nearly 2X IRF mortality.

As baby boomers age into Medicare eligible roles, and younger generations increasingly require post-acute care, having a service line equipped to meet a wide range of care needs is critical.

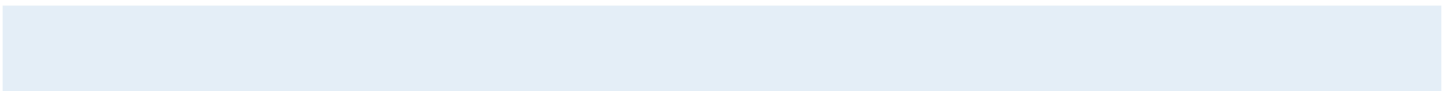
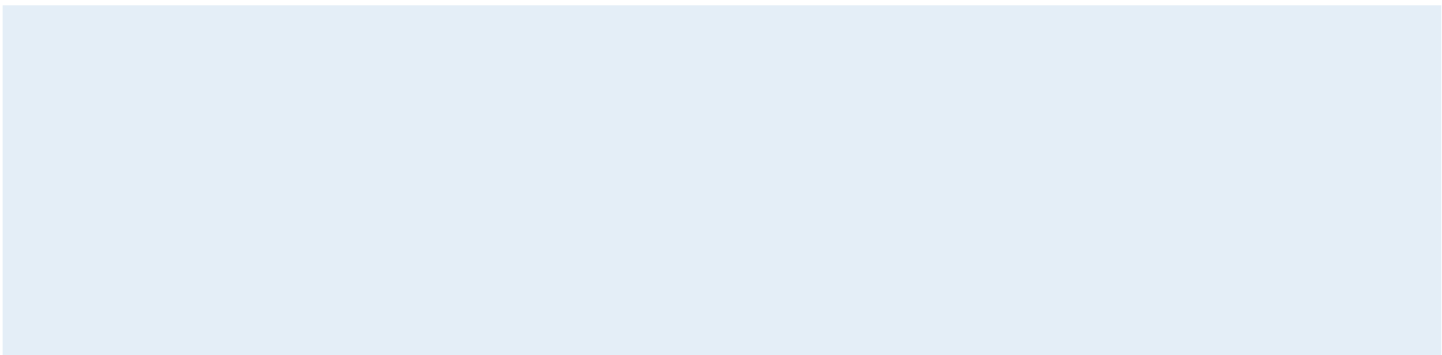
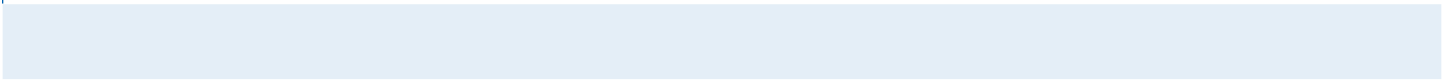
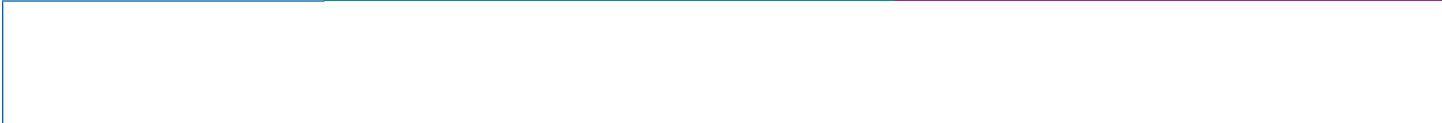


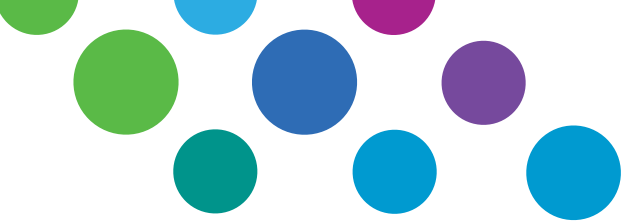
THIS GUIDE BREAKS DOWN:

- The unique benefits of inpatient rehabilitation in treating medically complex patients.

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has on patients and the differences in care quality compared to SNFs.





Care Graph Takeaways: Top IRF Attributes that Aid in Enhanced Patient Outcomes

- » **Employing specialty trained registered rehabilitation nurses (RRNs)** fully equipped to treat patients with complex care needs.
- » **Implementing hospital-level infection control measures** to help maintain patient and employee safety from admission to discharge.
- » **Supplying daily physician oversight** and a multidisciplinary therapy team.
- » **Utilizing innovative solutions** to address rehabilitation patient needs.
- » **Integrating the latest rehabilitation technology** to elevate patient and family member engagement throughout the care journey.

Research demonstrates – in addition to the statistics noted previously – early integration of inpatient rehabilitation into a patient’s care plan can result in improved outcomes, such as a patient’s activities of daily living following a stroke. ³

By increasing patient access to this critical form of care, hospitals are better able to deliver high-quality outcomes in a safe environment.

This focus on quality is further evident in that IRFs and ARUs treat sicker patients yet produce better outcomes than other post-acute care settings. ⁴

Importance of Partnership in Post-Acute Recovery

Running a rehabilitation unit or hospital is complex and highly regulated. Management partnership as a key strategy to help optimize their rehabilitation program and relieve the burden of self-management.

Lifepoint Rehabilitation’s decades of focused experience and national footprint have enabled hospital partner facilities to keep up with shifting care needs, while also improving outcomes and delivering greater patient access.

Is your hospital looking to add a new or expand upon an existing rehabilitation program?

Visit LifepointRehabilitation.net to learn about Lifepoint’s customizable partner solutions that can help your hospital meet the unique needs of your patients and community.

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References

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